



Women's Committee

There will be a Vancouver Local Women's Committee meeting held on Saturday September 26th, 2015, at the Vancouver Local Union Hall from 11 a.m. - 1 p.m. The role of this open Committee is to study issues and concerns affecting women and shall make recommendations to the Local Executive Committee regarding involvement of women at all levels of the Union, education of membership on equality issues facing women, and the situation of women in the work place and ways to improve it. All women of the Vancouver Local are welcome and encouraged to attend.

Why Should I Keep Track Of My Mail Volumes After A Restructure?

Most members at LCD 1 and 2, route holders or those covering long term absences, were recently handed a laminated card with average daily volume, allotted time for parcels, PCI's, and householders as per the volume count. The vast majority of the routes have been receiving an excessive amount of parcels/mail, according to their daily value(s). Remember, every little bit of information will help you with your *Article 50* request. This is a completely new delivery model/method and we/you will want to fight by any, and all means. Newly implemented PT depots will be receiving their route average cards soon. *Article 50* Verification kits can be requested from your Shop Steward or by calling the Vancouver Local.

Article 33.10 Medical Examinations

(a) Where the Corporation requires an employee to undergo a medical examination by a designated qualified practitioner, chosen by the employee, the examination will be conducted at no expense to the employee. Insofar as possible, an appointment for an examination will be scheduled during the working hours of the employee, but where an appointment for an examination is scheduled during an employee's non-working hours, he or she shall be excused from duty for a period of three (3) hours on either the shift immediately prior to or the shift immediately following the examination, at the option of the employee concerned.

\$\$ BOOT & GLOVE ALLOWANCE \$\$

Article 34.05

On October 1, 2015, **Full-time Group 2** members will get their boot and glove allowance. Watch your paycheque for these amounts. \$120 boot and \$20 gloves.

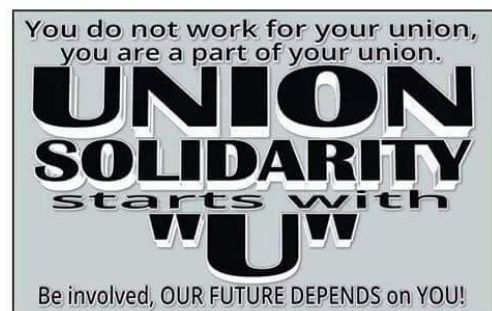
Part-time Group 2 members are paid \$0.13/hour.

Full-time members in Groups 1, 3 & 4 that fall under *Article 33.30* are also entitled to an allowance for protective footwear.

Part time members in Groups 1, 3 & 4 will be paid \$0.12/hour

Committee Re-set

Every March and September alternating Vancouver Local Committees are "reset" and returning or new committee members are vetted at the subsequent GMM. At September's GMM we will be voting for anyone interested in participating in the following Committees: MSC Route Evaluation; Letter Carrier Walk Evaluation; Householder Verification; By-Laws; Trustees; as well as Local delegates to the Vancouver and District Labour Council. If you were on any of the above Committees previous to September's reset, or wish to newly join, please attend the upcoming GMM or submit a written acceptance of nomination for the Committee of your choice. As of the August GMM we still have some spots available on the Publication Committee. Never participated in a Committee before? This is a great opportunity to share your talents and ideas. All members in good standing are encouraged to participate.



Experiencing Excessive Overtime?

Many depots in the Lower Mainland have implemented to PT and many more are soon to be implemented. As was forewarned across Canada, many of these routes require excessive and daily overtime to complete. This has had a tremendously negative affect on all Members, especially those with obligations outside of work such as child and elder care duties. *Appendix "LL"* (pages 550-552) of the Collective Agreement states that, "*Where the workload on an employee's route requires the employee to work more than 1 hour of overtime per day on at least 3 days per week, over a period of 20 working days (excluding December) the employee SHALL have the option to request assistance. Assistance, equal to the average overtime hours worked during the 20 day period above*".

October 19th, 2015, Federal Election

One of the top five issues this election is the future of Door to Door delivery. In fact the outcome of this election will have a direct impact on the future of mail delivery in Canada. Polls will be open in the Pacific from 7am - 7pm. Employers are legally obligated to allow for 3 consecutive hours to vote if your work shift falls into the voting time window. For more information on voting and to make sure you're registered check www.election.ca or call 1 800 463 6868. Consider attending one of the Advanced Polls to avoid the rush on Election Day but make sure you **GO VOTE!**

Basic Shop Steward Course

There will be a 2 day Basic Shop Steward Course held on October 1st and 2nd between 8 a.m. – 4 p.m. at the Vancouver Local Union Hall. Learn the basics of being a Shop Steward and what your rights are on the work floor. First consideration will be given to those wanting to become Shop Stewards and those who have not taken the course previously. Just fill in a CUPW Education form and submit it to the Vancouver Local by 5 p.m. September 18th, 2015. More information and registration forms can be found at www.cupw-vancouver.org

Advanced Shop Steward Course

There will be a 3 day Advanced Shop Steward Course held on October 15th, 16th, and 17th, 2015, between 8 a.m. – 4 p.m. at the Vancouver Local Union Hall. This course is open to anyone who has already attended a Local or Regional Basic Shop Steward Course, or those who are currently Shop Stewards and would like to gain more knowledge. Space is limited so please have your CUPW Education Application form into the Vancouver Local by 5 p.m. October 2nd, 2015. More information and registration forms can be found at www.cupw-vancouver.org

CUPW Regional Fall Educational

The Regional Office is holding the fall educational for the Pacific Region at the Coast Plaza Hotel on Comox Street in Vancouver from Friday November 20th to Sunday November 22nd, 2015. Courses being offered are: Basic Shop Steward; Grievance Handling; Health and Safety for Committee Members (this course is reserved for those participating in LJH&S Committees and alternates) and Roles and Responsibilities of a Secretary-Treasurer (this course is reserved for elected Local Secretary-Treasurers). The deadline for all course applications is October 5th, 2015 at 5 p.m. at the Regional Office in New Westminster. All applications must be approved by your Local Executive and the registration form must be signed by the Local President or designate. More information and registration forms can be found at the CUPW Regional website at www.cupwpacific.org

Vancouver Local Contract Ratification Vote

Voting on the Ratification of the **CUPW Contract Demand Package** will be held in the next coming weeks at a variety of times and locations in the Lower Mainland. Look out for the “Ratification Vote” bulletin for a complete list of all locations and times. Our contract is up January 2016 and negotiations will soon be under way. Participation in this vote is very important so please find a meeting that works for you and plan on attending.

Thinking About Retiring?

Vancouver Local CUPW Retirement Course coming soon. Please look out for dates and times in the next issue of UPDATE!

Short Term Disability

Illness or Injury outside of work?

Notify your supervisor right away and let them know you are not able to attend work due to an illness/injury (away from work). **YOU DO NOT NEED TO LET YOUR SUPERVISOR KNOW SPECIFIC DETAILS.** Canada Post is not entitled to diagnosis and treatment. They are only entitled to expected date of return, and restrictions/limitations. Call Great West Life/Morneau Shepell within 24 hours of your illness/injury at 1-855-554-3148.

File your paperwork right away!

Copies of the Employee Statement and Physician statement are available on the CUPW Vancouver Website. You must fax it within 7 days to 1-877- 562-9126. Keep copies for yourself. If your claim is denied you have 7 days to appeal. If you have any questions about the process, contact your shop steward.

Ad-Hoc Structural Review Committee Report

At a Vancouver GMM in November 2014 a resolution was passed to strike an Ad-Hoc Committee tasked with examining the Vancouver Local’s structure and processes. This 15 page report has been completed and is available for review by the Membership. Please contact the Vancouver Local office to request your copy by mail or email. Thank you to all those who participated in this Committee and the work put into the report. Copies of this report are also available at the GMM’s.

Group 2 – Appendix Y

Planning on taking a Day in Lieu between December 15th and January 15th? Your request **MUST** be received by the corporation by **November 1.**

Upcoming General Membership Meetings

September 27, 2015 at 1 pm at the Metrotown Hilton, 6083 McKay Ave., Burnaby.

*** (Ratification Vote scheduled prior to this GMM from 11am 1pm).

October 22, 2015 at 7 pm at the W.I.S.E. Hall, 1882 Adanac St., Vancouver.

November 29, 2015 at 1pm at the Metrotown Hilton, 6083 McKay Ave., Burnaby.

*Are childcare issues preventing you from attending a GMM? Children are welcome and a colouring table will be available for the kids.

Scan this QR barcode to go directly to the CUPW Vancouver Local website!

